

EWOC WRAP UP - 2020

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HOW WE LIVE





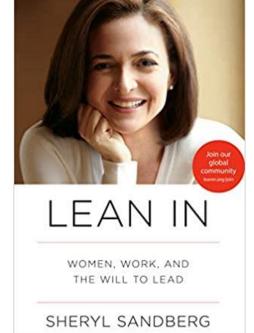
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MESSAGES WE RECEIVE

How to raise your hand in class (Harvard Business School)

"mistakes women make and how to fix them"

"how women unintentionally hold themselves back"



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Molly D. Shepard Jane K. Stimmler

With Peter J. Dean

Copyrighted Material Increase your political sawy | Promote your talents

Build a strategic network Enhance your communication skills Strike a balance between work and home

breaking into the

for Women to Get Ahead in Business

The Complete Guide



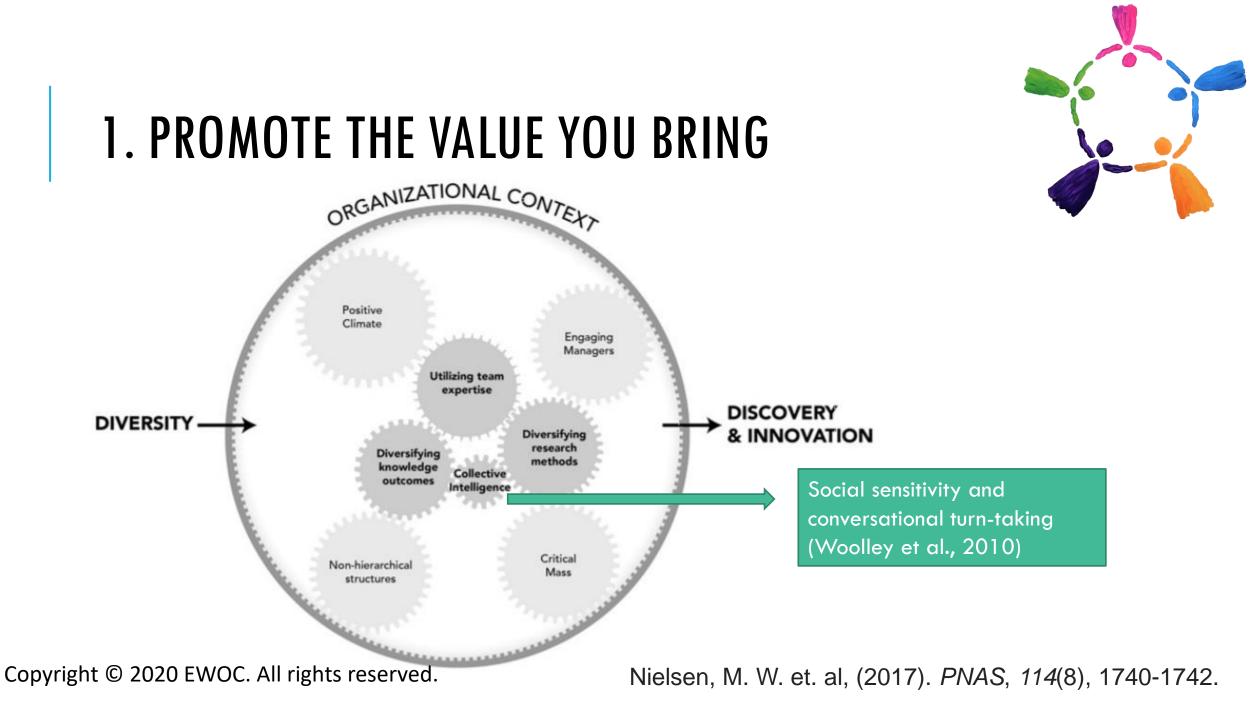
CULTURE CHANGE — CATALYST.ORG

Words reflect workplace culture and can reinforce negative stereotypes around gender, race, and sexual orientation.



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https://www.catalyst.org/research/flip-the-script-race-ethnicity-in-the-workplace/

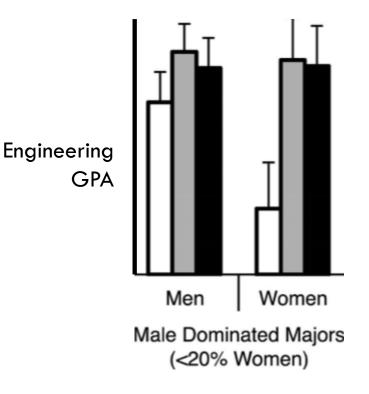


2. HELP OTHERS BELONG

Reach out to one person who attended the conference today and set up a virtual lunch/coffee. Use the time to find points of commonality, points of difference, and share your perspective as honestly as you can.



Control Condition
Social-Belonging Intervention
Affirmation-Training Intervention



Walton, G. M. et al., (2015). J. Educ. Psych., 107(2), 468.





PLAN FOR 2021...

June 25 @ Genentech

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