# Thursday, June 23, 2022 - Virtual Workshops

Workshop Session I 2:00-3:15 PM ET

## Stand Up to Stand Out: Self-Advocacy for the Reluctant

Susan Morris, M.Ed, CPCC, ACC. Susan Morris Coaching

Many talented scientists and technical professionals abide by the myth that it's unbecoming to talk about their accomplishment. Often heard is this career limiting belief: my good work should speak for itself. This disinclination among STEM women to self-promote has far-reaching consequences. Reluctance to self-advocate can affect getting promotions, negotiations on work schedules, salary and being considered for high visibility assignments. The purpose of this workshop is to uncover the benefits of advocating for oneself and explore alternative behaviors to bragging and boasting. Participants learn to teach and educate others about their accomplishments, tell their story of triumph and most importantly, practice asking for a deserved promotion or getting recognition of a job well done.

#### Meaning Making: When Life Delivers the Unexpected

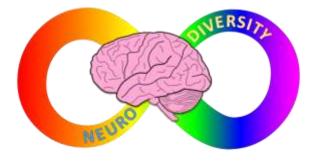
Lara Kallander, PhD, MAPP, ACC. Thriving Through Adversity Coaching

We have all been through 2+ years of a pandemic and common words we hear today are burnout, languishing and the great resignation. What does this mean for women in science? We will discuss what gives us meaning so that we can make choices that suit us both at work and home. To do this, I will lead you through a values affirmation exercise that helps each person reconnect with their personal purpose. You will walk away with clarity about what is most important to you and an example of how to find the silver lining after very challenging experiences.

## **How Neurodiversity Informs Inclusive Hiring and Managing Practices**

Riley Cooper, University of California, Irvine Brandon Cooper, University of California, Irvine Carolyn Ladd, Ph.D., Senior Research Specialist at Dow Chemical

Neurodiversity refers to the natural variation in the brain, which leads to differences in thoughts and behaviors between individuals. More and more organizations are recognizing the advantages of neurodiversity in the workplace and the need for inclusive hiring and managing practices. Join us for this workshop as we discuss barriers that prevent some neurodiverse individuals from meaningful employment and how inclusive leadership, management, and allyship can help.



# Thursday, June 23, 2022 – Virtual Workshops

Workshop Session II: 3:15-4:30 PM ET

#### **Purposeful Career Design Strategy in 6 Simple Steps**

Hannah Roberts, PhD, Breakthrough Talent & Skills Limited

Have you ever felt like your career unfolded in front of you, the next opportunity presenting itself to you? Perhaps you got stuck in the capability trap — 'just because you can do something doesn't necessarily mean that you should'? Maybe you feel like you had so much potential but somehow you didn't quite fulfil it and now you are trying to figure out your next steps with a lack of self-confidence? If you are grappling with the all-consuming question of 'what's next?' focus on these 6 strategies to design a purposeful career.

### **Leading with Empathy, Driving Change**

Lori Lawler- Operations Center Leader, Crop Protection Discovery & Development R&D, Corteva Agriscience

Beth Lorsbach- Global Leader Small Molecule Discovery and Development R&D, Corteva Agriscience Amber Maynard- Global Inclusion, Diversity and Equity Consultant, Corteva Agriscience

Don't miss this energetic workshop to learn more about what it means to be an empathetic leader and why it just might be the most important tool in your leadership toolbox. Empathetic leaders have a genuine interest in the lives of their team members, the challenges they face, and their overall well-being. These leaders seek to understand the unique and evolving situations their workforce is experiencing to offer useful support, timely guidance, and encouragement to accelerate employee development. Empathetic leaders are critical as we return to work in a post-pandemic environment. These change-making champions help their teams navigate the uncertainty and discomfort accompanying change, turning the opportunity into successful outcomes and game changing innovation. Join us to learn more about empathetic leadership and a few tools you can put to use right away.

# Friday, June 24, 2022 - In Person only at Pfizer

Workshops: 1:00- 2:00 PM ET

Know Your Worth: Negotiating From a Position of Power and Making the Right Choice for You

Rachel D. Slack – FMC Corporation – Global R&D Group Leader, Discovery Chemistry Jessica Klinkenberg – FMC Corporation – Senior Global R&D Scientist, Process Chemistry Christina Stauffer – FMC Corporation – Senior Global R&D Scientist, Process Chemistry

Whether you are preparing to search for your first academic or industry job or considering a career change, this workshop is designed to help you on that journey. The better you understand what you are looking for in an employer/employee relationship and the value your skills and experience bring to the position, the better you can navigate the job search process, including the interview, employment offer and negotiation.

#### Becoming an Outstanding Upstander: You Can Make a Difference

Sherry Yennello PhD, Professor of Chemistry at Texas A&M University and Director of the Cyclotron Institute, COACh Board member and facilitator

With the global challenges we face today, we cannot afford to lose any science and engineering talent because of biases, bullying or harassment. While leadership can set the tone for creating a collegial and inclusive environment, everyone has the ability and responsibility to be an "upstander", one who speaks or acts in support of an individual that is the target of such aggressions. This workshop provides an opportunity to learn ways to be an outstanding upstander and participate in creating a collegial, inclusive, positive, and respectful professional environment at professional meetings and in the workplace.

# Find Your Voice and Be Heard: How to be Authentic and Engage Your Audience during Scientific Presentations

Denise Field. Ph.D., Medicine Design, Pfizer, Inc Michelle Garnsey, Ph.D., Medicine Design, Pfizer, Inc Jan Adams, Ph.D., Medicine Design, Pfizer, Inc

This workshop will focus on the art of public speaking and provide you with opportunities to practice what we teach. You will learn how body language and posture can make or break a presentation, how to present information to ensure the audience understands your message, and practice how to think quickly on your feet during Q&As. We will provide you with tools on how to tailor your presentation to the specific audience you are trying to engage- from large conference presentations, leadership teams, or small group meetings- even some hot tips for engaging an interview committee. Public speaking skills are always valuable and this workshop will provide the first step toward creating and delivering great presentations for years to come.