

Virtual Workshops

5 Career Mistakes Women in Pharma & Biotech Make

Melissa Lawrence, MAOP, Career & Leadership Coach and CEO, Your Worthy Career

If you already work in Pharma or Biotech, you know that typical career advice doesn't always apply. The industry has its own unwritten rules—ones that determine who gets the high-impact projects, the promotions, and the leadership opportunities. But too many talented women unknowingly hold themselves back by following outdated, generic advice that doesn't work in this space. In this industry-specific session, Melissa will break down five common career-planning mistakes she sees ambitious women in Pharma/Biotech make—and what to do instead.

You'll learn how to:

Identify the hidden opportunities in your company that can accelerate your growth

Avoid the biggest career pitfalls that keep smart, capable women stuck

Take strategic action so your next step is clear and aligned with your long-term goals

You'll also hear real success stories of women in Pharma/Biotech who have applied these strategies to land new roles, get promoted, and even have positions created just for them. If you want to stop waiting for the next opportunity and start shaping your career on your terms, this session is for you.

Maintaining Your Footing and Focus in the Midst of Uncertainty

Jen Heemstra, PhD, Charles Allen Thomas Professor and Chair, Department of Chemistry, Washington University in St. Louis

Uncertainty is unavoidable. Whether it is relatively minor factors such as today's traffic and weather or potentially life-altering factors such as our health and employment, coping with an unknown future is part of our daily lives. At the same time, we are living in a moment of extraordinary uncertainty. At the same time, as a researcher, you are already an expert at navigating uncertainty and coping with outcomes that aren't what you had expected or hoped for. This workshop will discuss how to apply these and other skills toward the broader challenges we are currently facing, so that we can advocate for our values while working to protect our mental health. We will also discuss how to leverage our own knowledge and experience to support those we mentor in navigating the unknown.